

Rehabilitation programs can help Veterans with service-related disabilities prepare for, secure, and maintain employment. Other rehabilitation programs may help Veterans recover from surgery, illness, or injury, or provide therapeutic services for brain or spinal cord injuries.

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Books & Guides

Paralysis Resource Guide 2023

The Paralysis Resource Guide was created by the Christopher & Dana Reeve Foundation National Paralysis Resource Center (NPRC), offers comprehensive information and connections.

Source

[Christopher & Dana Reeve Foundation](#)

Links

Start Your Recovery ~ Virginia Drug and Alcohol Rehab Centers

Source

[Start Your Recovery ~ Virginia Drug and Alcohol Rehab Centers](#)

Article

Veterans Find Pain Relief Through Acupuncture

Veterans are able to enjoy life more due to pain relief through acupuncture treatments.

Source

[U.S. Department of Veterans Affairs](#)

Article

VA Launches Improved Access to Care Website

The Department of Veterans Affairs launched an improved Access to Care website that now offers a simplified, user-friendly experience to make it easier for Veterans to make informed decisions as they plan their health care appointments.

Source

[U.S. Department of Veterans Affairs](#)

Links

VA Blind and Low Vision Rehabilitation Services

Source

[VA Blind and Low Vision Rehabilitation Services](#)

Apps

MediSafe

MediSafe is a comprehensive medication management tool with pill and medicine reminders and tracking, drug-to-drug interactions, and refill alerts.

Source

[MediSafe](#)

Article

Traumatic Brain Injury and PTSD

Traumatic brain injury (TBI) occurs from a sudden blow or jolt to the head. Brain injury often occurs during some type of trauma, such as an accident, blast, or a fall. A TBI is the injury, not the symptoms.

Source

[U.S. Department of Veterans Affairs](#)

Article

[Understanding Traumatic Brain Injury](#)

Traumatic Brain Injury (TBI) may happen from a blow or jolt to the head or an object penetrating the brain. When the brain is injured, the person can experience a change in consciousness that can range from becoming disoriented and confused to slipping into a coma.

Source

[U.S. Department of Veterans Affairs](#)

Links

[Paralyzed Veterans of America Mid-Atlantic Chapter](#)

Source

[Paralyzed Veterans of America Mid-Atlantic Chapter](#)

Article

[Veteran Readiness and Employment-Chapter 31](#)

If you have a service-connected disability that limits your ability to work or prevents you from working, Veteran Readiness and Employment (formerly called Vocational Rehabilitation and Employment) can help.

Source

[U.S. Department of Veterans Affairs](#)

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