

## **Families and Caregiving**

Caregiving involves the whole family and understanding family dynamics and interactions. Engaging in ongoing and clear communication helps all family members along the journey. Explore articles and resources on strengthening communication and having important family conversations.



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## **How Relative/Kin Caregivers Can Access Services and Advocate for Native Children in Their Care**

When children cannot remain in their parents' care, research shows they do best with grandparents or other kin caring for them. Here are 6 reasons we celebrate

grandparents – and other kin caregivers – all year long.

Source

[Generations United](#)

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## **6 Great Things About Kinship/Grandfamilies**

When children cannot remain in their parents' care, research shows they do best with grandparents or other kin caring for them. Here are 6 reasons we celebrate grandparents – and other kin caregivers – all year long.

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## **PODCAST: Confessions of a Reluctant Caregiver**

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## **Caregiving Youth Shine**

Caregiving youth received a national platform on the TODAY Show with Maria Shriver, marking a crucial step towards greater recognition and support for these young people. The American Association of Caregiving Youth (AACY) and Kesem, a leading organization for children of cancer patients, teamed up for this appearance.  
Article

## **The Sandwich Generation**

Sandwich Generation Caregivers find themselves squeezed in between caring for younger loved ones such as children, and their elder parents or other elder family members. While the Sandwich Generation is not a new form of family caregiving, there have been recent efforts to address the needs of these caregivers.

Source

[Today's Caregiver](#)

Article

## **Keeping Your Marriage Strong While Caring for a Parent**

Overcome the challenges of caring for a parent while keeping your marriage strong. Learn to set boundaries and enlist some extra help.

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[AARP](#)

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## **Family First Virginia - Kinship Navigator Programs**

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