

Military Sexual Trauma

Explore programs and services, articles, and other resources related to Military Sexual Trauma.

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Article

Podcasts on Veterans' Issues Fill the Airwaves with Important Messages

Veterans can benefit from assorted types of media outreach that familiarize them with their issues of concern. Whether it's by video, radio or podcast platforms, there's never a shortage of topics to communicate to Veterans.

Source

[VA News](#)

Article

Talking With Your Doctor or Health Care Provider

Clear and honest communication between you and your physician or health care team can help you both make informed choices about your health.

Source

[National Institutes of Health](#)

Videos

About Military Sexual Trauma

The About Military Sexual Trauma video is intended to educate Veterans, VA staff and the general public about the types of incidents that constitute Military Sexual

Trauma (MST), the effects of MST on survivors and the services available to Veterans who have experienced MST.

Source

[Veterans Health Administration](#)

Article

Introducing the Beyond MST Mobile App

The Beyond MST app was created for survivors of military sexual trauma (MST). MST is VA's term for sexual assault or sexual harassment that occurred during military service.

Source

[National Center for Post-Traumatic Stress Disorder](#)

Links

Headstrong - Healing the Hidden Wounds of War

Source

[Headstrong - Healing the Hidden Wounds of War](#)

Article

Disability Compensation for Conditions Related to Military Sexual Trauma (MST)

Some Veterans experience MST during their service. These traumas can affect mental and physical health, even many years later. If you experienced MST during service and suffer physically or mentally because of trauma, you may qualify for treatment.

Source

[U.S. Department of Veterans Affairs](#)

Links

Women Veterans Health Care, Military Sexual Trauma

Source

[Women Veterans Health Care, Military Sexual Trauma](#)

Links

Military Sexual Trauma (MST)

Source

[Military Sexual Trauma \(MST\)](#)

Links

U.S. Department of Veterans Affairs, Military Sexual Trauma

Source

[U.S. Department of Veterans Affairs, Military Sexual Trauma](#)

Article

How to File a Well-Developed MST Claim

Military sexual trauma (MST) is sexual harassment that is threatening or physical assault of a sexual nature. Both men and women serving in the military can suffer from MST.

Source

[StatesideLegal](#)

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