As a Veteran you may face specific medical conditions and concerns incurred during or related to your active military service. Learn more about various health conditions, treatment options, and recommendations.

View PDF

Article

Protecting Yourself and Others with Vaccinations

The best way to protect ourselves from respiratory illness is with vaccinations. Vaccines can help protect from flu, RSV, COVID-19 and pneumococcal pneumonia. These vaccines are available free of charge to Veterans receiving care at VA.

Source

VA News

Article

VA Leads the Way in Exposure-Informed Care

For years, Veterans have returned home with invisible scars—illnesses and conditions caused by exposure to toxic substances. The passage of the PACT Act (Promise to Address Comprehensive Toxics) marked a transformative step in addressing care gaps Veterans were facing after returning home from combat.

Source

VA News

Books & Guides

Paralysis Resource Guide 2023

The Paralysis Resource Guide was created by the Christopher & Dana Reeve Foundation National Paralysis Resource Center (NPRC), offers comprehensive information and connections.

Source

Six Apps to Help Veterans Manage Stress

Explore apps and tools that offer education about PTSD and related mental health concerns.

Source

VA News

Article

Tips for Organizing a Medical History

It's important for caregivers to organize health information in case of medical emergencies. Learn about easy tips for ensuring you have the information you need. Source

Today's Caregiver

Article

VA Home and Community Based Services

There are a range of VA home and community-based services to support eligible Veterans and their Caregivers.

Source

U.S. Department of Veterans Affairs

Article

Community care: Who is eligible and how you can access it

As a Veteran, you have more choices than ever when it comes to your health care. Your appointment can be in-person at a VA medical center, or you might choose to meet with your VA provider through a video appointment or over the phone. You may also be eligible for care with community provider.

Source

VA News

Article

Podcasts on Veterans' Issues Fill the Airwaves with Important Messages

Veterans can benefit from assorted types of media outreach that familiarize them with their issues of concern. Whether it's by video, radio or podcast platforms, there's never a shortage of topics to communicate to Veterans.

Source

VA News

Links

Cohen Veterans Network (CVN)

Source

Cohen Veterans Network (CVN)

Article

The PACT Act and Your VA Benefits

The PACT Act is a new law that expands VA health care and benefits for Veterans exposed to burn pits and other toxic substances.

Source

U.S. Department of Veterans Affairs

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