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## **Veteran Peer Support Group ~ Virtual**

Date and Time
Monthly on the first Wednesday4:30 to 6:30pm
Upcoming

- Wednesday 5/7/2025 4:30 to 6:30pm
- Wednesday 6/4/2025 4:30 to 6:30pm
- Wednesday 7/2/2025 4:30 to 6:30pm
- Wednesday 8/6/2025 4:30 to 6:30pm
- Wednesday 9/3/2025 4:30 to 6:30pm
- Wednesday 10/1/2025 4:30 to 6:30pm
- Wednesday 11/5/2025 4:30 to 6:30pm
- Wednesday 12/3/2025 4:30 to 6:30pm
- Wednesday 1/7/2026 4:30 to 6:30pm

Monthly on the third Wednesday4:30 to 6:30pm Upcoming

- Wednesday 4/16/2025 4:30 to 6:30pm
- Wednesday 5/21/2025 4:30 to 6:30pm
- Wednesday 6/18/2025 4:30 to 6:30pm
- Wednesday 7/16/2025 4:30 to 6:30pm
- Wednesday 8/20/2025 4:30 to 6:30pm
- Wednesday 9/17/2025 4:30 to 6:30pm
- Wednesday 10/15/2025 4:30 to 6:30pm
- Wednesday 11/19/2025 4:30 to 6:30pm
- Wednesday 12/17/2025 4:30 to 6:30pm

Event Region Statewide

**Event Type** 

Support group

**RSVP Info** 

Contact Jamie Staten at jamie.staten@dvs.virginia.gov or 804-839-0480

Event Cost \$0.00

**Event Description** 

Held the first and third Wednesday of the month, Veteran Peer Support Groups are facilitated by veterans to address the needs of the veteran, National Guard, and Reservist communities more effectively by providing a relaxed and confidential environment in which to share past military and current transitional experiences with other veterans.

The groups employ a peer-to-peer format which strives to foster support for members by improving self-reliance, self-advocacy, and by encouraging each veteran along his/her own path to behavioral health wellness. These occur every first and third Wednesday of the month.

## **Zoom Link:**

https://www.zoomgov.com/j/1616570676?pwd=NTdmUnBSRVB3KzkzcDJIb3MwMjE2UT09

Questions? Contact Jamie Staten, Veteran Peer Specialist at jamie.staten@dvs.virginia.gov or (804) 839-0480.

Reer-Support-Group Flyer

Event Image or Sponsor Logo

