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## [Brain Injury Association of Virginia ~ Virtual Support Group](#)

Date and Time

Monthly on the fourth Tuesday 6:00 to 7:00pm for 15 times

Upcoming

- Tuesday 4/22/2025 6:00 to 7:00pm
- Tuesday 5/27/2025 6:00 to 7:00pm
- Tuesday 6/24/2025 6:00 to 7:00pm
- Tuesday 7/22/2025 6:00 to 7:00pm
- Tuesday 8/26/2025 6:00 to 7:00pm
- Tuesday 9/23/2025 6:00 to 7:00pm
- Tuesday 10/28/2025 6:00 to 7:00pm
- Tuesday 11/25/2025 6:00 to 7:00pm
- Tuesday 12/23/2025 6:00 to 7:00pm
- Tuesday 1/27/2026 6:00 to 7:00pm
- Tuesday 2/24/2026 6:00 to 7:00pm

Event Region

Statewide

Event Type

Support group

RSVP Info

To join, contact [info@biav.net](mailto:info@biav.net) or 804-355-5748 ext. 102

Event Cost

\$0.00

Event Description

### **For People Living with Brain Injury, Their Families, and Friends**

Living with a brain injury can be an isolating experience. **But you're not alone.** Whether you are an individual living with a brain injury or a family caregiver,

attending a support group gives you a safe space to talk to others who truly understand what you're going through.

## **Join Us**

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us on the fourth Tuesday of every month at 6 p.m.

Event Image or Sponsor Logo

Image

