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## **Brain Bites: Understanding the Caregiver Process for Families Dealing with Alzheimer's**

Date and Time

Thursday 6/20/2024 1:00 to 2:00pm

Event URL

[Register Here](#)

Event Region

Statewide

Event Type

Webinar

Event Cost

\$0.00

Event Description

Brain Bites: Understanding the Caregiver Process for Families Dealing with Alzheimer's will be held on Thursday, June 20, 2024, from 1 pm until 2 pm.

AARP Virginia along with the Alzheimer's Association of Southeastern Virginia Chapter, presents Brain Bites which focuses on Alzheimer's awareness and brain health.

Join us to learn some of the things you most need to put in place to help you and your loved ones, and what resources are available. What are strategies for care planning and support building? How do you prepare for doctor visits and where do you find support after a difficult diagnosis? We will answer these questions and more!

Contact AARP Virginia by email at [aarpva@aarp.org](mailto:aarpva@aarp.org) for more information.

Event Image or Sponsor Logo

Image

