Are you not sure where to turn with a health or aging related issue? Are you confused about your options? Ask an Expert is an exciting feature that allows you to email us a question to be answered by our volunteer experts—professionals across many disciplines that include doctors, geriatric care managers, legal experts, disability specialists, financial advisors and representatives from state and local government agencies. Expert advice is combined with services available in your community to assist you in finding the information and resources you need.

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