

Explore Quality of Life Topics

[Mental Wellness](#)

[Assistive Technology](#)

[Veteran Reintegration](#)

[Therapeutic Recreation](#)

[Service Animals](#)

[Substance Use and Treatment](#)

Explore Quality of Life Resources

Articles

[**Enhance Your Well-Being with the VA Wellness Guide**](#)

The Veterans Wellness Guide provides strategies and activities that Veterans can use at home to improve their well-being.

Source

[VAntage Point: Official Blog of the U.S. Department of Veterans Affairs](#)

Recent Quality of Life Articles

Recent Quality of Life Articles

Article

[**Veterans Serving Veterans**](#)

When Veterans need support and encouragement from a person who can relate to their challenges, our peer specialists are available to help. A peer specialist has traveled the road to recovery and now works at VA supporting other Veterans in finding their own paths.

Source

[VA Careers](#)

Article

Ohana Homefront Foundation: Virginia Counselor Search and Events

Military families deal with unique challenges and sacrifices while serving their country. Ohana Homefront Foundation is looking for Counselors, in every state wanting to give back to the Military Community to join our Ohana Homefront Foundation Mental Health Team.

Source

[Ohana Homefront Foundation](#)

Article

Substance Use Treatment for Veterans

If you're struggling with substance use problems, you're not alone. Find out how to get support and treatment for substance use problems through the VA.

Source

[U.S. Department of Veterans Affairs](#)

Article

Podcasts on Veterans' Issues Fill the Airwaves with Important Messages

Veterans can benefit from assorted types of media outreach that familiarize them with their issues of concern. Whether it's by video, radio or podcast platforms, there's never a shortage of topics to communicate to Veterans.

Source

[VA News](#)

Article

Expansion in Care for Veterans in Suicidal Crisis

Starting January 17, 2023, Veterans in suicidal crisis can go to any VA or non-VA health care facility for free emergency health care services.

Source

[Virginia Department of Veterans' Affairs](#)

Article

Service Animals

The ADA explains what businesses and state/local governments must do to make sure that they do not discriminate against a member of the public with a disability who uses a service animal.

Source

[U.S. Department of Justice](#)

More for You

Features

- [Ask an Expert](#)
- [AgingCare.com Veterans Forum](#)
- [U.S. Military Acronyms](#)

Staying Connected

- [Veterans Caregiver Resource Page](#)
- [Veterans Crisis Line](#)
- [Virginia Values Veterans \(V3\) Transition Program](#)

[View PDF](#)