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Explore Health Resources

Articles

[Virginia Veterans Resource Guide](#)

The Veterans Resource Guide is your roadmap to veterans benefits in the Commonwealth of Virginia. It is filled with useful information on the programs and services offered by the Virginia Department of Veterans Services (DVS) and other state agencies.

Source

[Virginia Department of Veterans Services](#)

Recent Health Articles

Recent Health Articles

Article

[Veteran Virtual Mental Health Support](#)

Virginia Veteran and Family Support (VVFS) has teamed up with Cabana—a virtual support platform that brings accessible, live mental health and wellness support to military-connected individuals, including service members, veterans, and their families.

Source

[Virginia Department of Veterans Services](#)

Article

Get Involved ~ VA's Million Veteran Program

For many people, the new year marks a chance to reevaluate priorities, schedules and hobbies. The VA's Million Veteran Program shares ways to feel involved in your community.

Source

[VA News](#)

Article

Protecting Yourself and Others with Vaccinations

The best way to protect ourselves from respiratory illness is with vaccinations. Vaccines can help protect from flu, RSV, COVID-19 and pneumococcal pneumonia. These vaccines are available free of charge to Veterans receiving care at VA.

Source

[VA News](#)

Article

VA Leads the Way in Exposure-Informed Care

For years, Veterans have returned home with invisible scars—illnesses and conditions caused by exposure to toxic substances. The passage of the PACT Act (Promise to Address Comprehensive Toxics) marked a transformative step in addressing care gaps Veterans were facing after returning home from combat.

Source

[VA News](#)

Article

Six Apps to Help Veterans Manage Stress

Explore apps and tools that offer education about PTSD and related mental health concerns.

Source

[VA News](#)

Article

VA Resource Navigator: Finding VA Resources

Veterans often have questions about VA services and benefits. Whether they have recently exited military service or have been separated for years, VA is here to help Veterans navigate benefit entitlements and take an active role in their health care.

Source

[VA News](#)

More for You

Features

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Staying Connected

- [Veterans Caregiver Resource Page](#)
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- [Virginia Values Veterans \(V3\) Transition Program](#)

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