

## Explore Community Topics

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## Explore Community Resources

Articles

### [\*\*2024 Caregiver Resource Directory for Military Families\*\*](#)

The Caregiver Resource Directory directory is designed to help empower military caregivers with information about national and local resources and programs specifically for them. Topics include: helplines, advocacy and benefit information, career transitions and employment, military caregiver support, children's needs, education and training, financial support, rest and relaxation, and more.

Source

[U.S. Department of Defense](#)

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## Recent Community Articles

## Recent Community Articles

Article

### [\*\*Four VA Virtual Care Resources for Caregivers\*\*](#)

Caregivers work hard to make sure Veterans receive the care they need. Whether you're a Veteran's family member or a professional caregiver, VA has virtual care tools to help you on your journey.

Source

[VA News](#)

Article

## **Get Involved ~ VA's Million Veteran Program**

For many people, the new year marks a chance to reevaluate priorities, schedules and hobbies. The VA's Million Veteran Program shares ways to feel involved in your community.

Source

[VA News](#)

Article

## **Veterans Food Assistance Program**

The Veterans Food Assistance Program (VFAP) is designed to provide a one-time grant of essential food and household support to veterans and their families, ensuring no veteran goes hungry.

Article

## **Cyber Safety While Traveling**

Using public chargers and Wi-Fi can be convenient but also puts your devices and data at risk. Hackers can compromise public USB ports and set up fake Wi-Fi hotspots to gain access to your information. Learn how to protect your online activity while traveling.

Source

[DigitalVA](#)

Article

## **Caregiving Youth Shine**

Caregiving youth received a national platform on the TODAY Show with Maria Shriver, marking a crucial step towards greater recognition and support for these

young people. The American Association of Caregiving Youth (AACY) and Kesem, a leading organization for children of cancer patients, teamed up for this appearance.

Source

[American Association of Caregiving Youth: AACY](#)

Article

## **Disaster Assistance and Resources for Veterans**

It's important for Veterans and their families to know that the VA is here to help in the wake of a disaster.

Source

[VA News](#)

## **More for You**

### **Features**

- [Ask an Expert](#)
- [AgingCare.com Veterans Forum](#)
- [Caregiver Tech Tool Finder](#)
- [U.S. Military Acronyms](#)

### **Staying Connected**

- [Veterans Caregiver Resource Page](#)
- [Veterans Crisis Line](#)
- [Join the Hidden Heroes Community](#)
- [Virginia Values Veterans \(V3\) Transition Program](#)
- [SNAP Financial Assistance](#)

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