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Article

Caregiving documentary with Bradley Cooper

Caregiving is a two-hour documentary centered on the personal experiences of caregivers providing for loved ones, and the challenges and triumph they face each day.

Source

[PBS](#)

Article

VA Resources for Older Veterans

Stay independent and connected with your community as you grow older by taking advantage of VA resources so you can age in place in your home.

Source

[VA News](#)

Article

Genworth Cost of Care Survey Tool

Using the Cost of Care Survey tool, you and your family can calculate the cost of long-term care now and in the future. The cost of care varies based on care setting, geographic location of care, and the level of care required.

Source

Genworth

Article

Veteran Virtual Mental Health Support

Virginia Veteran and Family Support (VVFS) has teamed up with Cabana—a virtual support platform that brings accessible, live mental health and wellness support to military-connected individuals, including service members, veterans, and their families.

Source

[Virginia Department of Veterans Services](#)

Article

SNAP Benefits ~ ConnectEBT Lock/Unlock Security Feature

Learn about the Virginia Department of Social Services (VDSS) new card lock/unlock security feature to protect Supplemental Nutrition Assistance Program (SNAP) benefits.

Source

[Virginia Department of Social Services](#)

Article

File for free with IRS Free File

IRS Free File lets qualified taxpayers get free tax preparation, electronic filing and direct deposit of their federal tax refund, if they're owed one, using guided tax preparation software.

Source

[Internal Revenue Service](#)

Article

Connecting Virginians with SNAP

The Supplemental Nutrition Assistance Program (SNAP) helps people stretch their food budgets and puts healthy foods within reach.

Source

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Article

Virginia Breeze Bus Lines Achieves Record-Breaking Ridership, Connecting More Virginians in 2024

Virginia Breeze Bus Lines, operated by the Virginia Department of Rail and Public Transportation (DRPT), reached a milestone in 2024 by transporting nearly 65,000 passengers.

Source

[Virginia Department of Rail and Public Transportation](#)

Article

How to Age Successfully with Spinal Cord Injury

Learn what to expect when aging with a Spinal Cord Injury (SCI) and learn important strategies and steps to help you stay healthy and active.

Source

[Model Systems Knowledge Translation Center \(MSKTC\)](#)

Article

Spread the word: The 2025 Veterans Benefits Guide is now available

As part of our commitment to provide world-class care and benefits to those who have served our nation, VA is pleased to present the “2025 VA Federal Benefits Guide for Veterans, Dependents, Survivors, and Caregivers.”

Source

[VA News](#)

Article

[Four VA Virtual Care Resources for Caregivers](#)

Caregivers work hard to make sure Veterans receive the care they need. Whether you're a Veteran's family member or a professional caregiver, VA has virtual care tools to help you on your journey.

Source

[VA News](#)

Article

[Get Involved ~ VA's Million Veteran Program](#)

For many people, the new year marks a chance to reevaluate priorities, schedules and hobbies. The VA's Million Veteran Program shares ways to feel involved in your community.

Source

[VA News](#)

Pagination

- [Page 1](#)
- [Page 2](#)
- [Page 3](#)
- [Next page >](#)
- [Last page >>](#)

Showing **1 - 12** of 36 results

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