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Caregiver Support Group

Date and Time

Weekly on Thursday at 1:00pm for 6 times

Event Region

New River Valley

Event Type

Support group

Event Cost

\$0.00

Event Description

Caregiver Support Group, Providing education and counseling. Free caregiver support group held in partnership with Woodland Hills. Sessions are one-hour sessions that offer education and counseling to caregivers. Sessions will be from 1 pm until 2 pm. The first session will be Thursday, March 23, 2023. This is a safe place to discuss the stresses, challenges, and rewards of providing care for a loved one. More and more people are caring for their loved ones at home. Some have received special training to meet their physical care needs, there is often a greater need for emotional support and guidance. The sessions are free and open to the public. Seating is limited and pre-registration is required for that reason. You may register by calling 540.776.0198 or emailing Emily Witt, Community Liaison, ewitt@GoodSam.care Future sessions will be on Thursday of each week.