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Moving for Youth and Mental Health

Date and Time

Saturday 3/25/2023 6:00 to 8:00pm

Event URL

[Register Here](#)

Event Region

Richmond Area

Event Type

Forum

Event Cost

\$0.00

Event Description

Moving for Youth and Mental Health. The event is on Saturday, March 25, 2023, from 6 pm until 8 pm. at West End Academy of Dance in Richmond. NAMI Virginia, in partnership with Conflux Dance Theater and the West End Academy of Dance, invite you to Moving for Youth and Mental Health! Join us for an evening of thought-provoking choreography and discussion about youth and mental health. Panel members include Julia Torres Barden and Anne Moss Rogers. This event is free, but registration is required. There are 150 tickets available. Must register. If you have questions, please contact Portia Chan at NAMI Virginia, 804-285-8264 x210 or email pchan@namivirginia.org