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[SNAP and Military and Veteran Families](#)

Benefits You Have Earned

You served our country proudly and honorably, and we want you to know that through our nutrition programs, you may be eligible for assistance to ensure you, your family, and fellow veterans have nutritious meals.

[Support for Veterans](#)

Supplemental Nutrition Assistance Program (SNAP)

SNAP helps families buy nutritious food with an electronic benefit transfer (EBT) card that is like a debit card. SNAP benefits can be used at stores across the country and at some farmer's markets. SNAP can help you and your family eat right when money is tight. To be eligible, households must meet income tests. Combat pay, Hostile Fire pay, and Imminent Danger Pay are not counted as income for SNAP. All other pay and allowances are counted as income.

Helpful Links

- [Apply for SNAP benefits](#)
- [Find authorized SNAP retailers in your area](#)
- [Purchase foods on-line](#)
- [Veterans Receiving SNAP Benefits by State](#)

Contacting Programs in Your State

- To get information about SNAP or to apply for benefits, contact your local SNAP office with the information in this [SNAP state directory of resources](#)
- For all other FNS programs, you can find contact information through FNS's [state contacts page](#).

Other Nutrition Programs

- ▶ Go to USDA Food Programs at www.fns.usda.gov/military-and-veteran-families
- ▶ Read USDA flyer about SNAP, WID, SFSP, and FDPIR programs [here](#)

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