

Local Community and Online Support Group

Locator

Age Requirements

18 and over

Available 24/7

Yes

Intake Process

Call or visit the website to find a support nearby or online.

Intake Contact Telephone

(800) 826-3632

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Depression and Bipolar Support Alliance (DBSA)

<https://www.dbsalliance.org/>

<https://www.facebook.com/DBSAlliance>

<https://twitter.com/DBSAlliance>

Main

(800) 826-3632

Toll-Free

(800) 826-3632

Phone Emergency

988

55 East Jackson Boulevard Suite 490

60604 IL

United States

Fee Structure

No Fee

Languages Spoken

English

The Depression and Bipolar Support Alliance (DBSA) offers support to those individuals suffering from depression and bipolar disorder. DBSA offers both in-person and online support in several forms. Visit the website to [find a local support group in your area](#) or to [find an online group](#). An [online parent community](#) is also available.

Service Area(s)

Nationwide