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[Longevity University Series, 50+ Active Lifestyles, LiveStream](#)

Date and Time

Monthly on the fourth Tuesday at 10:30am for 4 times

Event URL

[Register Online](#)

Event Region

Richmond Area

Event Type

Class - Workshop

RSVP Info

804.748.162

Event Cost

\$0.00

Event Description

Longevity University Series, 50+ Active Lifestyles, LiveStream, Chesterfield County Parks and Recreation. Join us a for a 4-part series, the fourth Tuesday of each month, to learn the secrets to Longevity. Brought to you by the Longevity Project for a Greater Richmond; a collaborative between VCU's Department of Gerontology and Senior Connections, the Capital Area Agency on Aging Fourth Tuesday, 10:30-11:30 a.m. Free Course #38752 Livestream Classes May 25-Disrupt Ageism; June 22-Elderhood; July 27-Blue Zones; Aug. 24-Social Connectedness. TO REGISTER: Please Call 804.748.1623 or Go Online to chesterfield.gov/parks and click Register NOW. Email is needed when registering to send you the link to connect for each class. For more information please call Susan at #804-212-8815