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Just Breathe!...We've Got You! , Shepherd's of Northern Virginia, Webinar

Date and Time Tuesday 6/8/2021 9:45am to 12:00pm Event URL Register Online Event Region Northern Virginia Event Type Webinar RSVP Info 703.281.0601 Event Cost \$0.00 Event Description

Just Breathe!...We've Got You! - A Program of the Shepherd's of Northern Virginia June 8, 2021, Tuesday (Virtual via Zoom) FREE Join us for another FREE webinar as we learn how you or your loved one can gracefully move into the next chapter in life. Each session is hosted by a professional and will allow time for Q & A. The 2021 webinar series is sponsored by Navy Federal Credit Union and AARP Topics are Paying for Cargiving Expenses & Where to Get Help, Our Health & Our Money, Each session will run from 9:45 AM- 12:00 Noon. Deadline to register: June 6th. Register by calling SCNOVA Reservations at 703.281.0601. Or, to register online, visit: https://www.scnova.org/announcements

Register by calling SCNOVA Reservations at 703.281.0601. Or, to register online, visit: <u>https://www.scnova.org/announcements</u> Additional webinars will be on Tuesday, May 11, 2021 and June 6, 2021