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Tips for Daily Living Success at Home, Virtual

Date and Time

Wednesday 7/14/2021 1:00 to 3:00pm

Event URL

https://www.insightmcc.org/get-involved/events/event_calendar.html/event/2021/0...

Event Region

Statewide

Event Type

Class - Workshop

RSVP Info

703-204-4664

Event Cost

\$0.00

Event Description

Make each day more successful! Learn tips and tricks for providing hands-on care for eating, dressing, bathing, hygiene and toileting. Virtual on July 14, 2021 from 1-3 pm This class will be held virtually. Log-in information will be sent to registrants prior to the class. This program is a part of our ongoing Classes for Caregivers series. All sessions are FREE, and held the second Wednesday of each month from 1:00 to 3:00 pm. Contact Lindsey Vajpeyi at lindsey.vajpeyi@insightmcc.org or call 703-204-4664