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Veterans Resiliency Holistic Clinic

Date and Time

Monthly on the fourth Wednesday at 9:00am for 7 times

Event URL

<http://www.veteransresiliency.com>

Event Region

Richmond Area

Event Type

Class

RSVP Info

Phone 804-448-9955

Event Description

The Veterans Resiliency Holistic Clinic supports veterans who have experienced the wounds of war. We help to restore inner balance and increase resiliency in your life. We use a variety of holistic modalities to help relax the nervous system and allow the discharge of “survival” energies that can keep people “stuck” in the traumatic event. All veterans and their family members are welcome! The VRHC believes that the body is all wise and knows how to heal itself. We are about inclusion. All Veterans and their families are welcome, regardless of race, color, creed, religion, lack of religion, spiritual practice, gender, sexual orientation, physical or mental disability, political affiliation, economic status, farmer or city dweller, athlete or couch potato. Phone 804-448-9955 or email karen@veteransresiliency.com