Back in the Saddle (BITS) Program for Veterans

Age Requirements 5-22

, 18 and over Family No Intake Contact Email info@liftmeup.org **Intake Process** Visit the website, call the office **Provider Refer** Yes Self Refer Yes Lift Me Up! http://www.liftmeup.org/ https://liftmeup.org/back-in-the-saddle-bits-1 Main (703) 759-6221

9700 Georgetown Pike 22066 VA United States

Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Lift Me Up! offers a therapeutic recreation program for veterans recovering from injuries. In coordination with the VA Medical Center, Wounded Warrior Project and PATH Horse for Heroes, Lift Me Up! provides lessions that assist veterans coping with a variety of conditions including traumatic brain injuries, depression and posttraumatic stress disorder. Often these conditions are compounded with other physical injuries.

Service Area(s) Alexandria City Arlington County , Fairfax City Fairfax County Falls Church City Fauquier County Loudoun County Manassas City Manassas Park City Prince William County Email info@liftmeup.org