

## Sentara Behavioral Health Services, Halifax

### Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Provider Refer

Yes

Self Refer

Yes

Sentara Medical Group

<http://www.hrhs.org/servicesBehavioral.aspx>

Main

(434) 517-3651

Toll-Free

(800) 535-8332

504 Wilborn Avenue

24592 VA

United States

Payment Method(s)

Tricare

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Medicare

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Private Insurance

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Medicaid

,  
Private Pay

Languages Spoken  
English

Halifax Regional Health System's Center for Behavioral Health provides day treatment services to adults and children between the ages of six and seventeen years who are facing psychiatric, behavioral and emotional problems. Treatment goals are directed at raising the level of well-being of clients through high-quality comprehensive care. Under the direction of a psychiatrist and therapists, patients are helped to meet their individual goals. The center provides mental health assessments, individual, group and family therapy, coping skills classes, and specialized programs for older adults. The Center for Behavioral Health also provides guidance about appropriate treatment options to anyone in the community with a mental health need.

The Center for Behavioral Health offers:

- Free initial assessment;
- Integrated mental health assessments;
- Family therapy;
- Individual therapy;
- Group psychotherapy;
- Coping skills classes;
- Physician services;
- Child and adolescent outpatient services;
- Geriatric group therapy program;
- Community outreach and education.

The website offers a Geriatric Depression Scale Screening tool.

Service Area(s)

Campbell County

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Charlotte County

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Halifax County

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Mecklenburg County

,

Pittsylvania County