

Mental Health Helpline

Age Requirements

13-21

,

18 and over

Family

No

Intake Contact Email

mhafred@mhafred.org

Intake Process

Visit the website for information. Call the office. The Helpline can be reached at
(540) 371-2704

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

Mental Health America of Fredericksburg

<http://www.mhafred.org/>

<https://www.mhafred.org/helpline/>

<https://www.facebook.com/MHAFred/>

Main

(540) 371-2704

Phone Emergency

(800) 684-6423

150 Olde Greenwich Drive, Suite 102

22408 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Mental Health America of Fredericksburg (MHAF) offers a mental health helpline and referral service. Call local 540-371-2704. The Helpline is a confidential referral service that links people needing help with those who can provide it in the public, private, and nonprofit sections, answers questions, and provides referrals to community resources and educational literature on mental health issues.

Call the Helpline Monday through Friday 9 am until 2 pm. The Suicide Prevention and Crisis line can be reached at 9-8-8

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

,

Westmoreland County

Email

mhafred@mhafred.org