Veteran Peer Specialist, Virginia Veteran and Family Support

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Veterans of U.S. Armed Forces. Family No Intake Process Call for an assessment. Intake Contact Telephone (540) 965-2135 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Alleghany Highlands Community Services Board https://www.ahcsb.org https://www.facebook.com/AlleghanyHighlandsCommunityServices Main (540) 968-6826 **Toll-Free** (800) 446-0128 Phone Emergency (540) 965-2100 205 East Hawthorne Street 24426 VA

United States

Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Emergency services are available 24 hours per day, every day. Fee Structure Call for Information Languages Spoken English

At Alleghany Highlands Community Services, a Veteran Peer Specialist of Virginia Veteran and Family Support is a person with a mental health or co-occurring condition, actively engaged in their own recovery, who has been trained and certified to help others with these conditions to identify and achieve specific life and recovery goals.

Peer Specialists serve as role models by sharing their personal recovery stories showing that recovery from mental illness is possible. The Specialists teach goal setting, problem solving, symptom management skills and a variety of recovery tools. They empower by helping others identify their strengths, supports, resources and skills. They advocate by working to eliminate the stigma of mental illness and act as community liaisons by identifying social supports in the community and encouraging the expansion of local community resources.

Service Area(s) Alleghany County

Covington City