Mental Health Therapy for Children, Adolescents and Adults

13-21 18 and over Family No Intake Contact Email jamesrivercounseling@verizon.net **Intake Process** Visit the website for information. Call the office Provider Refer No **Report Problems** Call the Agency Self Refer Yes James River Counseling Center http://www.jamesrivercounseling.com/ Main (434) 237-4652 1120 McConville Road, Suite A 24502 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-4:00 pm Saturday: Closed Sunday: Closed

Age Requirements

Fee Structure

Fee Range Payment Method(s) Private Pay

Private Insurance Languages Spoken English

James River Counseling Center is a group of Licensed Clinical Social Workers, Licensed Professional Counselors, and Certified Substance Abuse Counselors who provide individual, couples, and family counseling to adults, children, and adolescents. Treatment specialization includes:

- Developing new skills for handling anxiety and stress,
- Modifying unhealthy behavior,
- Reviewing personal patterns and behavior,
- Increasing confidence, and well-being,
- Improving ways to manage anger, moods, and depression,
- Discovering new ways to solve problems,
- Navigating life's obstacles more effectively,
- Improving communication and listening skills,
- Enhancing the overall quality of life.

Please call for more information.

Service Area(s) Amherst County

Appomattox County

Campbell County

Lynchburg City Email jamesrivercounseling@verizon.net