

# **NAMI Connection, Mental Illness Recovery Support Group**

Age Requirements

18 and over

Family

No

Intake Contact Email

namiwinchester@live.com

Intake Process

Visit the website for information and call

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness (NAMI) Winchester

<https://www.nami.org/affiliate/virginia/nami-northern-shenandoah-valley/>

<https://www.nami.org/support-education/support-groups/nami-connection/>

<https://www.facebook.com/NAMINSV>

Main

(540) 533-1832

P.O. Box 4550

22604 VA

United States

Fee Structure

No Fee

Languages Spoken

English

NAMI Connection is a recovery support group program for adults living with mental illness. The program is a place that offers respect, understanding, encouragement, and hope. Each group meets to share the challenges and successes of coping with

mental illness.

The group meets on Mondays from 7 pm until 8:30 pm for 90 minutes once a week at no charge. The format is flexible without an educational format and does not recommend or endorse medications or other medical therapies. Groups are confidential and open to all adults with mental illness, regardless of diagnosis.

Service Area(s)

Clarke County

,

Frederick County

,

Page County

,

Shenandoah County

,

Warren County

,

Winchester City