

# Depression and Bipolar Peer Support

Age Requirements

18 and over

Available 24/7

Yes

Family

No

Intake Process

Visit the website or call for information.

Intake Contact Telephone

(800) 826-3632

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Depression and Bipolar Support Alliance (DBSA)

<https://www.dbsalliance.org/>

<https://www.facebook.com/DBSAlliance>

<https://twitter.com/DBSAlliance>

Main

(800) 826-3632

Toll-Free

(800) 826-3632

Phone Emergency

988

730 N Franklin Street

Suite 501

60654 IL

United States

Fee Structure

No Fee

Languages Spoken

English

The Depression and Bipolar Support Alliance (DBSA) offers support to those individuals suffering from depression and bipolar disorder. DBSA offers both in-person and online support in several forms. Visit the website to find [a local support group in your area](#) or to [find an online group](#). An [online parent community](#) is also available.

A Peer Specialist is a person recovering from a mental health condition and who has been trained and certified to help their peers gain hope and move forward in their own recovery.

Service Area(s)

Nationwide