

Temporary Assistance for Needy Families (TANF)

Available 24/7

No

Other Eligibility Criteria

18 years and younger

Family

Yes

Intake Process

Phone, Appointment

Residency Requirements

Yes

Self Refer

Yes

Arlington County Department of Human Services

<https://publicassistance.arlingtonva.us/>

<http://publicassistance.arlingtonva.us/temporary-assistance-needy-families-tanf/>

<https://www.arlingtonva.us/Government/Departments/DHS>

Main

(703) 228-1350

TTY/TTD

(703) 228-1788

2100 Washington Blvd, 1st Floor

Economic Independence Division

22204 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

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Spanish

The Temporary Assistance for Needy Families (TANF) program provides eligible families with a monthly cash payment to meet basic needs. Participants may be provided with services such as job skills training, work experience, job readiness training, child care assistance, transportation, and other work related expenses. There must be an eligible child in the home. An eligible child must: Be under age 18, or will graduate from high school before the age of 19; and Attend school regularly if between the ages of 5 and 18; and Live with a parent or other relative; and Be a U.S. citizen or eligible immigrant.

Additional financial and non-financial requirements also apply.

You can apply for Benefit Programs online at [CommonHelp](#) or by telephone by calling 1-855-635-4370.

The TANF program benefits are limited to 60 months in a lifetime if the parent, or the non-parent caretaker, is included in the assistance grant. There is a strict work requirement and a social contract that sets out the responsibilities and expectations between TANF recipients and the local agency. All factors of eligibility must be verified, usually through documents obtained from the applicants.

Transportation:

Free parking is available in a garage across the street from the Sequoia Building. The ART bus stop is on Uhle St across the street from the building.

The ART 77 bus connects with Courthouse and Clarendon Metro stations and Shirlington.

The ART 45 bus connects with Rosslyn Metro station, Columbia Pike and South Four

Mile Run Drive.

The Art 42 bus connects with Ballston Clarendon and Pentagon Metro stations. It also passes close by Virginia Square Metro station.

The Metro bus 16Y serves the District of Columbia and travels through Arlington on Arlington Blvd, Pershing Dr, South Courthouse Rd, and Columbia Pike.

An interview is required. Interviews may be requested in person at the Customer Service Center, or by telephone at 703-228-1350.

English and Spanish are spoken in the office. Telephone interpreters are available for other languages upon request.

Service Area(s)

Arlington County

Email

dhs@arlingtonva.us