

## Support Activities

Age Requirements

16-21

,

18 and over

Available 24/7

No

Family

No

Intake Contact

Contact

Intake Contact Email

info@rvonourown.com

Intake Process

Walk in. Visit the website for information and call the office.

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

On Our Own of Roanoke Valley

<http://www.rvonourown.com>

<https://www.oorv.org/what-we-do>

Main

(540) 362-0061

429 Elm Avenue Southwest

24016 VA

United States

Monday: 12:30 pm-3:30 pm

Tuesday: 12:30 pm-3:30 pm

Wednesday: 12:30 pm-3:00 pm

Thursday: 11:00 am-3:30 pm

Friday: 11:00 am-3:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

On Our Own of Roanoke Valley is a drop-in Center that strives to improve the quality of life of men and women with mental health issues, or substance use issues by providing a variety of support and self-help groups. The drop-in center also offers socialization, mutual support, and recreation.

Current groups include Peer Support, Bipolar Support, Dual Recovery Anonymous (DRA), Women 2 Women, Veterans' Coffee Hour, SMART Recovery (Self Management and Recovery Training), and an evening support group called Community Connections.

Recreational activities include bingo, card games, outdoor recreation, arts and crafts, Holiday activities, coffee, tea, snacks and more.

Membership is open to anyone with mental health or substance abuse challenges.

Service Area(s)

Radford City

,

Roanoke City

,

Salem City