[TRICARE Information for Military](#)

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Any TRICARE eligible beneficiary or any retired/disabled Medicare eligible as well as SECNAV designers.

Family

No

Intake Process

Online information available 24/7; phone

Naval Medical Center Portsmouth

https://www.med.navy.mil/sites/nmcp/sitepages/home.aspx

https://www.tricare.mil/

Main

(866) 645-4584

Toll-Free

(877) 874-2273

620 John Paul Jones Circle

23708-2197 VA

United States

Fee Structure

Fee Range

Payment Method(s)

Tricare

Languages Spoken

English

Naval Medical Center, Portsmouth, provides TRICARE information and where to find a TRICARE service center. [Helpful TRICARE Information](#) provides Most Frequently Requested Information, and links to MTFs.

Flyers are available as guidelines on a number of topics.

Service Area(s)
Chesapeake City

,

Hampton City

,

Newport News City

,

Norfolk City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City