

Explore programs and services, articles, and other resources related to ALS/Lou Gehrig's Disease.

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Article

## **You're Not Alone Videos and Resources for Family Caregivers for ALS, MS, Parkinson's, and Huntington's Diseases**

You're Not Alone videos and resources for Family Caregivers for ALS, MS, Parkinson's, and Huntington's Diseases.

Source

[Family Caregiver Alliance](#)

Article

## **Talking With Your Doctor or Health Care Provider**

Clear and honest communication between you and your physician or health care team can help you both make informed choices about your health.

Source

[National Institutes of Health](#)

Article

## **Amyotrophic Lateral Sclerosis**

Amyotrophic lateral sclerosis (ALS) is a nervous system disease that attacks nerve cells called neurons in your brain and spinal cord.

Source

[MedlinePlus](#)

Links

## **Amyotrophic Lateral Sclerosis (ALS) Information from the Muscular Dystrophy Association (MDA)**

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[Amyotrophic Lateral Sclerosis \(ALS\) Information from the Muscular Dystrophy Association \(MDA\)](#)

Links

## **ALS Support and Help Forum**

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[ALS Support and Help Forum](#)

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## **ALS Association: For Caregivers**

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[ALS Association: For Caregivers](#)

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## **NIH National Institute of Neurological Disorders and Stroke: Amyotrophic Lateral Sclerosis (ALS) Information Page**

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## **NORD - National Organization for Rare Disorders**

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## **ALS Association**

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## **Amyotrophic Lateral Sclerosis (ALS) Fact Sheet**

ALS or Amyotrophic Lateral Sclerosis is also sometimes called Lou Gehrig's disease. This article provides ALS information and resources.

Source

[National Institute of Neurological Disorders and Stroke](#)

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