

## **Veteran Reintegration Counseling**

Programs that provide emotional support, information and guidance for veterans who have emotional problems relating to experiences they had while in the service or who have separated from the military and are having difficulty adjusting to their civilian status.

Article

## **Podcasts on Veterans' Issues Fill the Airwaves with Important Messages**

Veterans can benefit from assorted types of media outreach that familiarize them with their issues of concern. Whether it's by video, radio or podcast platforms, there's never a shortage of topics to communicate to Veterans.

Source

[VA News](#)

Article

## **Whole Health: Mindful Awareness for Veterans**

Mindful awareness helps you to be aware of thoughts and feelings, and to focus on the present and what is most important to you.

Source

[U.S. Department of Veterans Affairs](#)

Article

## **#VetResources Check-In videos provide resources for mental health, coping strategies**

#VetResources Check-In video series offers resources, advice and information for Veterans and their families to support mental health, resiliency and coping strategies.

Source

Article

## **VA Solid Start Program for Transitioning Veterans**

The VA Solid Start Program provides support for newly separated service members.

Source

[U.S. Department of Veterans Affairs](#)

Article

## **VA Family and Caregiver Resources**

Veterans and their caregivers face unique challenges. VA has developed a list of family and caregiver resources, including call center information and community support services.

Source

[VAntage Point: Official Blog of the U.S. Department of Veterans Affairs](#)

Books & Guides

## **EVERYONE SERVES: A Handbook for Family and Friends of Service Members During Pre-Deployment, Deployment, and Reintegration**

The EVERYONE SERVES handbook provides valuable information for the family and friends of service members during deployment separations.

Source

[Blue Star Families](#)

Article

## **Scams Targeting Veterans**

U.S. military veterans are twice as likely as nonveterans to lose money to fraud so it's important to be aware of the various scams.

Source

[AARP](#)

Videos

## **Veterans Coming Home**

Veterans Coming Home is an innovative cross-platform public media campaign and web series exploring the lives of post-9/11 veterans, the divide between them and their communities, and the stereotypes that veterans and civilians hold about each other.

Source

[PBS](#)

Links

## **Wounded Warrior Project**

Source

[Wounded Warrior Project](#)

Article

## **Homeless Veterans' Reintegration Program**

The Homeless Veterans' Reintegration Program (HVRP) provides services to assist in reintegrating homeless veterans into meaningful employment within the labor force and to stimulate development of service delivery systems to address complex problems facing homeless veterans.

Source

[U.S. Department of Defense](#)

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