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Coping Courageously, Discussion with Author, Dr. Delia Chiaramonte

Date and Time

Wednesday 4/3/2024 12:00 to 1:00pm

Event URL

[Register Here](#)

Event Region

Statewide

Event Type

Webinar

Event Cost

\$0.00

Event Description

Coping Courageously, Discussion with Author, Dr. Delia Chiaramonte will be on Wednesday, April 3, 2024, from 12 noon until 1 pm.

Join us for a live and interactive discussion with an Integrative Palliative Care Expert and the author of *Coping Courageously: A Heart-Centered Guide for Navigating a Loved One's Illness Without Losing Yourself*.

- Are you, a client or a loved one stressed and exhausted because someone you care for is seriously ill?
- Do you wish you felt less overwhelmed and more certain about how to help?

Dr. Chiaramonte will share insights to give you the peace of mind, confidence, and tools to effectively support your loved one without depleting yourself.

Register online.

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