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## **Mission Healthy Relationships: Military**

Date and Time

Friday 5/3/2024 All day

Event URL

[Workshop Information](#)

Event Region

Richmond Area

Event Type

Class - Workshop

RSVP Info

[erika.lawhorn@dvs.virginia.gov](mailto:erika.lawhorn@dvs.virginia.gov) or call (804)389-3623.

Event Cost

\$0.00

Event Description

The Mission Healthy Relationships workshop will be held May 3-5, 2024, at the Virginia Crossings Hotel.

> Starts Friday at 6:30 pm and ends Sunday by 12:00 pm. Check in is Friday 4:00-6:00 pm

A relationship enrichment workshop for committed couples who may be experiencing relational stressors to include Military Operational Stress perhaps from deployments, the effects of Post-Traumatic Stress Disorder (PTSD) and/or Traumatic Brain Injury (TBI).

There is no cost to participate in this workshop. Hotel rooms and Meals are provided. There is space for 16 couples.

Presented by Virginia Veteran and Family Support Virginia Department of Veterans Services.

To register, email Erika Lawhorn at [erika.lawhorn@dvs.virginia.gov](mailto:erika.lawhorn@dvs.virginia.gov) or call 804-389-3623.

Event Image or Sponsor Logo

Image

