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## **EVERYONE SERVES: A Handbook for Family and Friends of Service Members During Pre-Deployment, Deployment, and Reintegration**

[EVERYONE SERVES: A Handbook for Family & Friends of Service Members During Pre-Deployment, Deployment, and Reintegration](#) provides the family, friends, and support network of our country's service members with information and resources on what to expect from a deployment life cycle. This includes enhancing the skills to strengthen or repair your relationships, and gain the tools to keep your family and personal community strong throughout the duration of your separation. Chapters include Pre-Deployment, Deployment, Reunion, Reintegration, and Caregiving.