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## Williamsburg Brain Injury Support Group

Date and Time

Monthly on the first Thursday at 3:00pm for 12 times

**Event URL** 

Williamsburg Brain Injury Support Group

**Event Region** 

Peninsula

**Event Type** 

Support group

**RSVP Info** 

No RSVP necessary

**Event Description** 

You're invited to attend a support group for people who have sustained brain injuries due to trauma, stoke, aneurysm, tumor, disease, or other neurological incident. Family, friends, and other concerned people in the lives of those living with brain injury are also welcome to attend. A support group can help you by increasing your contact with others in order to heal emotionally. We offer encouragement, education, and a safe place for sharing and growing. Become more aware of your injury and feelings. Feel more self-confident about working on brain-injury related problems by talking with people who understand.

Event Image or Sponsor Logo Image

