

**Published on *VeteransNavigator* (<https://veteransnavigator.org>)**

## **Family Caregiver Support Group, Alzheimer's and Dementia**

Date and Time

Monthly on the second Tuesday at 4:30pm until Sunday 12/31/2017

Event Region

Richmond Area

Event Type

Support group

RSVP Info

804-378-5100

Event Cost

\$0.00

Event Description

This Family Caregiver support group was formed to provide emotional, education and social support for caregivers of loved ones touched by Alzheimer's and other dementias. Caregivers will learn to navigate the disease process, develop coping skills and promote self-care to optimally care for their loved one Companion volunteers are provided at no cost to keep your loved one stimulated and engaged with activities in a safe, secure environment. Meetings are held on the 2nd Tuesday of every month. Meetings are free and open to the public. Call 804-378-5100 for information.