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## **NAMI-CVA Support for Families/Caregivers of Youth with Mental Illness**

Date and Time

Monthly on the last Thursday at 6:00pm until Friday 12/29/2017

Event URL

[NAMI Central Virginia](#)

Event Region

Richmond Area

Event Type

Support group

RSVP Info

804 285 1749

Event Cost

\$0.00

Event Description

Free, bi-monthly support group for friends and family of a loved one living with mental illness, facilitated by trained family member peers. Groups are confidential and anonymous. This support group is for families and caregivers of a youth with mental illness. The group meets on the last Thursday of every month from 6:00 - 7:30PM at the NAMI Central Virginia Conference room in Richmond, Virginia. Contact the main office at 804-285-1749 or email to [info@namicentralvirginia.org](mailto:info@namicentralvirginia.org) for more information.