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## **Mission ReDefined**

### **Grants for Adaptive Sports Program**

Your courage, your determination and your drive all led you to serve America proudly. Those same characteristics will also lead to satisfaction and success in adaptive sports.

Disabled Veterans of all ages and abilities report better health, new friendships and a better quality of life when participating in adaptive sports. Disabled Veterans who are physically active simply have more fun! To get started, take some time to review the many sports opportunities available to you by reaching out to your VA clinical team and checking out this website.

The **Grants for Adaptive Sports Programs** for disabled Veterans and Members of the Armed Forces (ASG Program) provides grant funding to organizations to increase and expand the quantity and quality of adaptive sport activities disabled Veterans and members of the Armed Forces have to participate in physical activity within their home communities, as well as more advanced Paralympic and adaptive sport programs at the regional and national levels. Organizations interested in learning the details about applying for this program follow [this link](#).

### **Interested in becoming a Paralympic athlete?**

The VA National Veterans Sports Programs & Special Events Office provides a monthly assistance allowance for disabled Veterans as authorized by 38 U.S.C. 322(d) and Section 703 of the Veterans' Benefits Improvement Act of 2008 for qualifying athletes training in Paralympic sports.

Through the program, VA will pay a monthly allowance to a Veteran with either a service-connected or non-service-connected disability if the Veteran meets the minimum military standards or higher (e.g., Emerging, Talent Pool, National Team) in his or her respective sport at a recognized competition. Besides making the

military standard, an athlete must also be nationally or internationally classified by his or her respective sport federation as eligible for Paralympic competition within six or 12 months of a qualifying performance.

Athletes must also have established training and competition plans and are responsible for turning in monthly and quarterly reports in order to continue receiving the monthly assistance allowance. The allowance rate for an athlete approved for monetary assistance is the same as the 38 U.S.C. Chapter 31 Vocational Rehabilitation & Employment (VR&E) rate, which in FY 2013 ranged from \$585.11 up to \$1,104.64 per month, depending on the number of dependents.

### **VA Forms for the Paralympic Training Allowance:**

**[VA Form 0918a, Certification of Paralympic Training Status](#)**

**[VA Form 0918b, Application for Paralympic Allowance](#)**

**[VA Form 10091, FMS Vendor File Request Form](#)**

**[Instructions for VA Form 10091, Vendor File Update Form](#)**

[Paralympic Sports Organization Points of Contact for the VMAA](#)

[VA Training Allowance Standards](#)

[VMAA Presentation](#)

To learn more about the specific sport standards or the monthly assistance allowance, email us at [vacoadaptiveSP@va.gov](mailto:vacoadaptiveSP@va.gov).

Want to learn more about programs and services related to healthcare, employment, education and other topics? Visit the National Resource Directory ([www.NRD.gov](http://www.NRD.gov)).

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