Veteran Peer Specialist, Virginia Veteran and Family Support

Available 24/7 No **Documents Required** Call for details Family No **Intake Process** Call the Service Enrollment Unit for an assessment. Intake Contact Telephone (855) 426-5263 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes **Highlands Community Services** http://highlandscsb.org Main (276) 525-1550 **Toll-Free** (855) 426-5263 Phone Emergency (866) 589-0269 610 Campus Drive 24210 VA **United States** Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Crisis services are available 24 hours per day, every day. Fee Structure Call for Information Languages Spoken English

At Highlands Community Services, a Veteran Peer Specialist is a person with a mental health or co-occurring condition, actively engaged in their own recovery, who has been trained and certified to help others with these conditions, identify and achieve specific life and recovery goals.

Peer Specialists serve as role models by sharing their personal recovery stories, showing that recovery from mental illness is possible. They teach goal setting, problem solving, symptom management skills and a variety of recovery tools. They empower by helping others identify their strengths, supports, resources and skills. They advocate by working to eliminate the stigma of mental illness and act as community liaisons by identifying social supports in the community and encouraging the expansion of local community resources.

Crisis Telephone Contacts:

Monday through Friday from 8:30am-5:00pm: Call (276) 525-1550;

After Hours, Holidays, and Weekends: Call (276) 645-7400 for Central Dispatch – Bristol or (276) 676-6277 for Central Dispatch – Washington County;

Life Threatening Emergency: Call 911.

Service Area(s) Bristol City

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Washington County