## Military and Family Life Consultant Program

Available 24/7 No Family No Intake Process Call, email through the website or visit the website for information. **Provider Refer** Yes Self Refer Yes Fort Gregg-Adams, Virginia, Army Community Service https://home.army.mil/lee/index.php/greggadams Main (804) 503-7668 1231 Mahone Avenue, Bldg 9023 23801 VA **United States** 

Languages Spoken English

Military and Family Life Consultant (MFLC) Program is available to all branches of the Military. The program provides non-medical short-term, situational problem-solving counseling to service members and their families. Services can be provided on or off military installations and can be provided to individuals, couples, families and groups. Services are confidential and private, except for duty-to-warn situations, child abuse or domestic abuse.

Counseling areas include anger management; communication; relationship issues; conflict resolution; parenting; and decision-making skills. Counseling for military lifestyle areas include deployment stress; coping skills; relocation adjustment;

reintegration; sadness, grief and loss; homesickness; and separation.

Service Area(s) Prince George County