

## Counseling

Family

Yes

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

Health in Mind

<https://www.healthinmind.net>

<https://www.healthinmind.net/services>

<https://www.facebook.com/HIMRVA/>

Main

(804) 277-9355

13354 Midlothian Turnpike #200 Midlothian

23113 VA

United States

Monday: 9:00 am-6:00 pm

Tuesday: 9:00 am-6:00 pm

Wednesday: 9:00 am-6:00 pm

Thursday: 9:00 am-6:00 pm

Friday: 9:00 am-6:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Closed on Holidays

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

Health in Mind offers counseling services to individuals, families, groups, and coaching.

One-on-one sessions to discuss anxiety, grief, life's focus, and deeper self-knowledge.

Couples therapy covers healthy communication between partners, helping confusion and tension in a relationship.

Family therapy will help with family dynamics, and identifying troublesome areas of the family dynamics.

Service Area(s)

Chesterfield County

,

Colonial Heights City

,

Hanover County

,

Henrico County

,

Hopewell City

,

Petersburg City

,

Powhatan County

,

Richmond City