

# **Mental Health Therapy for Children, Adolescents and Adults**

Age Requirements

13-21

,

18 and over

Family

No

Intake Contact Email

jamesrivercounseling@verizon.net

Intake Process

Visit the website for information. Call the office

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

James River Counseling Center

<http://www.jamesrivercounseling.com/>

Main

(434) 237-4652

1120 McConville Road, Suite A

24502 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

James River Counseling Center is a group of Licensed Clinical Social Workers, Licensed Professional Counselors, and Certified Substance Abuse Counselors who provide individual, couples, and family counseling to adults, children, and adolescents. Treatment specialization includes:

- Developing new skills for handling anxiety and stress
- Modifying unhealthy behavior
- Reviewing personal patterns and behavior
- Increasing confidence, and well-being
- Improving ways to manage anger, moods, and depression
- Discovering new ways to solve problems
- Navigating life's obstacles more effectively
- Improving communication and listening skills
- Enhancing the overall quality of life

Please call for more information.

Service Area(s)

Amherst County

,

Appomattox County

,

Campbell County

,

Lynchburg City

Email

[jamesrivercounseling@verizon.net](mailto:jamesrivercounseling@verizon.net)