

NAMI Connection, Mental Illness Recovery Support Group

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

namiwinchester@live.com

Provider Refer

Yes

Self Refer

Yes

National Alliance on Mental Illness (NAMI) Winchester

<http://www.namiwinchester.org>

Main

(540) 533-1832

P.O. Box 4550

22604 VA

United States

Languages Spoken

English

NAMI Connection is a recovery support group program for adults living with mental illness. The program is a place that offers respect, understanding, encouragement and hope. Each group meets to share challenges and successes of coping with mental illness.

Each group meets for 90 minutes once a week at no charge. The format is flexible without an educational format and does not recommend or endorse medications or other medical therapies. Groups are confidential and open to all adults with mental illness, regardless of diagnosis.

[Click Here](#) to find a local group in Virginia, or call the office.

Service Area(s)

Clarke County

,

Frederick County

,

Page County

,

Shenandoah County

,

Warren County

,

Winchester City