

## **Discovery Groups for Women**

Age Requirements

13-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

Women

Family

No

Intake Contact Email

jan@spiritworksfoundation.org

Intake Process

Call for more information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Spiritworks Foundation

<https://www.spiritworksfoundation.org>

Main

(757) 564-0001

5800 Mooretown Road

23188 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

SpiritWorks offers groups for women of every race, religion, ideology and sexual preference who seek to commune with other women to expand their definition of Self, to heal from addiction, abuse, racism, sexism, to become more whole, and to develop a passion for all of life.

The groups will use the healing concepts developed by Charlotte Kasl, Ph.D., as outlined in her book "Many Roads, One Journey". Dr. Kasl examines self-esteem, addiction and co-dependency in the context of internalized oppression. Her model is designed to empower women to find their own voices, sources of strength and spirituality.

If you are interested, or just curious, please join us and see for yourself. The only requirement for membership is that you be a woman. Groups meet on Wednesday evenings from 7:00 - 8:30 p.m. Call 757-564-0001 for more information.

Service Area(s)

Hampton City

,

James City County

,

Newport News City

,

Norfolk City

,

Poquoson City

,

Portsmouth City

,

Williamsburg City

,

York County

Email

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