

## **Counseling, Readjustment to Civilian Life**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Veterans of the U.S. Armed Forces.

Family

Yes

Intake Process

Phone, Walk-in. Bring Military Separation or Discharge (DD214).

Provider Refer

Yes

Self Refer

Yes

Alexandria Vet Center

<https://www.va.gov/directory/guide/facility.asp?ID=6009>

Main

(703) 360-8633

Toll-Free

(877) 927-8387

6940 South Kings Highway

#204

22310 VA

United States

Additional Availability Comments

Monday-Friday 8 am-7:30 pm

Fee Structure

No Fee

Languages Spoken

English

Alexandria Vet Center offers readjustment counseling. Readjustment counseling is a wide range of psycho social services offered to eligible Veterans and their families in the effort to make a successful transition from military to civilian life. They include:

- Individual and group counseling for Veterans and their families
- Family counseling for military related issues
- Bereavement counseling for families who experience an active duty death
- Military sexual trauma counseling and referral
- Outreach and education including PDHRA, community events, etc.
- Substance abuse assessment and referral
- Employment assessment & referral
- VBA benefits explanation and referral
- Screening & referral for medical issues including TBI, depression, etc.

VA's readjustment counseling is provided at community-based Vet Centers located near veterans and their families. All Vet Center services are prepaid through military service. Contact your nearest Vet Center through information provided in the Vet Center Directory or listings in your local blue pages. Vet Center staff are available toll free during normal business hours at 800-905-4675 (Eastern) and 866-496-8838 (Pacific).

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County