

## **Therapeutic Recreation, Intellectual and Physical Disabilities**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Persons with a disability

Family

No

Intake Process

Walk-ins accepted; telephone referral

Self Refer

Yes

Portsmouth Department of Parks, Recreation and Tourism

<http://www.portsvaprls.com/>

Main

(757) 393-8481

John F. Kennedy Recreation Center

12 Grand Street

23704 VA

United States

Additional Availability Comments

Monday through Friday 8am until 5pm

Fee Structure

Call for Information

Languages Spoken

English

The Department of Parks, Recreation, & Leisure Services offers a variety of recreation programs and leisure opportunities for citizens of all ages with various disabilities. Programs such as

- Learning Through Leisure: This program is designed to offer adults in the community the opportunity to develop and strengthen social, educational, & life skills. Adults with developmental disabilities between. Ages of 21-40
- Visually Impaired Program (V.I.P.) This adult support group meets weekly and participates in a variety of activities such as bowling, arts & crafts, informative speakers, nursing home visits, and road trips. You must be legally blind to join. Pre-registration is required. Ages 18+
- Basketball Hoop it up with Portsmouth Special Olympics! Whether you prefer the individual skills program or team competitions, Special Olympics has a sports training program to meet your needs. Ages 8+

To obtain further information about programs, requirements, and/or registration call 757-393-8581. Craddock Center provides therapeutic recreation. Call for information at 757-393-1046.

Service Area(s)

Portsmouth City